AP PSYCHOLOGY CASE STUDY

OVERVIEW: We will do only one RESEARCH activity this academic year. You may turn in the CASE STUDY early (no earlier than October 25th). It will be due NOVEMBER 28th, so please monitor the date and any other activities you may have assigned you in your other classes. Procrastination is a killer, so please spare yourself. This can be a fun assignment as you select your individual, their life and link them to a clinical psychological disorder. The famous individual does not have to be diagnosed in real life, as you are the psychologist – you make the call. You will become familiar with the DSM-IV to help you determine your disorder. In addition, you will look at aspects and incidents of their life, and determine a disorder. Next you will identify a treatment plan for them using both the Freudian and more recent, cognitive-behavioral approach. I think you will find this assignment interesting. You will have an opportunity to do the assignment by yourself, or with one other student. Why is the due date so far off? Well, you have to have some opportunity to study the basics of psychology and honestly, research and a case study takes time. I will discuss periodically the CASE STUDY in class and there will be assignments to help prevent procrastination and misunderstanding.

SCENARIO:

You are a CLINICAL PSYCHOLOGIST. You have a client (famous dead person who for your purposes, is considered alive for this case study) which fits your disorder selected, who has come to you for help. Obviously, he/she is alive for our purposes. In order to help your client, you must investigate their life in order to draw some inference to a mental disorder they may be afflicted, such as family history, incidents, examples and symptoms. With the exhibited symptoms of your client, you research the DSM-IV to your disorder and complete the CASE STUDY as assigned. The DSM-IV organizes each psychiatric diagnosis into five dimensions (axes) relating to different aspects of disorder or disability:

**Axis I**: Clinical disorders, including major mental disorders, and learning disorders

**Axis II**: Personality disorders and intellectual disabilities (although developmental disorders, such as Autism, were coded on Axis II in the previous edition, these disorders are now included on Axis I)

**Axis III**: Acute medical conditions and physical disorders
**Axis IV**: Psychosocial and environmental factors contributing to the disorder

**Axis V**: Global Assessment of Functioning or Children's Global Assessment Scale for children and teens under the age of 18

**Common Axis I disorders** include depression, anxiety disorders, bipolar disorder, ADHD, autism spectrum disorders, anorexia nervosa, bulimia nervosa, and schizophrenia.

**Common Axis II disorders** include personality disorders: paranoid personality disorder, schizoid personality disorder, schizotypal personality disorder, borderline personality disorder, antisocial personality disorder, narcissistic personality disorder, histrionic personality disorder, avoidant personality disorder, dependent personality disorder, obsessive-compulsive personality disorder, and intellectual disabilities.

**Common Axis III disorders** include brain injuries and other medical/physical disorders which may aggravate existing diseases or present symptoms similar to other disorders.

Once you have researched (and it may take some effort in case you need to pick another selection because of lack of evidence). Now that you have successfully identified the disorder, you will plan to help your client using two approaches. Your intervention will also include two approaches: (1) cognitive-behavioral; and (2) psychoanalytical.

**INSTRUCTIONS:**

You are to select a deceased famous person (they must be a real person) who you can analyze with the disorder you selected (note the list posted further on these instructions) who can provide you sufficient information to complete the study. No student (or two students if they are a team) may have the same disorder in each class. Keep in mind, you may have to select another individual if upon your investigation, you cannot “fit your famous person” into the disorder selected. Failure to find sufficient information is not an excuse. Please remember that this is a RESEARCH BASED assignment. You have some liberties in Section I, but they should be interpolated from actual evidence of the individual's life and supported by details. This is going to require investigative research into a famous person, so select someone wisely. Also, I must approve of the individual under study, or any changes of the person. You are to gain independent familiarity to the DSM-IV. That means you must research the DSM-IV on your own. Our MEDIA CENTER has 2-3 DSM-IVs, and I have one in my room which you can utilize only in my room as it will not be signed out. Your Section II requires you to think and act like a psychologist. You are to turn in a written CASE STUDY (WEIGHT: 200 points) on or before the due date posted. For the case study, use MLA guidelines.

MLA paper format guidelines (use of parenthetical citations and separate works cited page). In addition,
This assignment (paper) represents my own work. I have not incorporated into this assignment (paper) any unacknowledged material from the work of another person, including papers, words, ideas, information, data, evidence-organizing principles, or style of presentation taken from the Internet, books, periodicals, or other sources. without appropriate credit given (your initials)

Failure to include the honesty statement will result in a 20% deduction

It doesn’t matter if it is a ‘case study’ or a ‘research paper’ the level of research and details is the same. The format follows the structure of a CASE STUDY used by many colleges. MAKE SURE YOU KNOW THE RUBRIC as you complete this CASE STUDY.

You must use the DSM-IV. You can go to a book store and look at a DSM-IV or public library or our Media Center. As I mentioned, I have one in class, but it must stay in the class and use is only on a scheduled basis with me before school or at lunchtime. This can be a fun and rewarding opportunity, but procrastination will only result in a lower grade for the CASE STUDY.

I will begin discussing the CASE STUDY in class and take any questions to help you through this journey.

In addition, from time-to-time we may have additional HOMEWORK requirements to gauge your efforts to keep a timeline and not procrastinate.

DUE DATE: November 28th (CASE STUDY)

Please make a copy of your CASE STUDY as it will not be returned until prior to MID-TERMS
LIST OF DISORDERS:

1. Agoraphobia
2. Alcohol Addiction
3. Alzheimer's Disease
4. Anorexia Nervosa
5. Anti-Social Personality Disorder
6. Borderline Personality Disorder
7. Asperger's Syndrome
8. Attention Deficit Hyperactivity Disorder
9. Phobia (not OCD and/or agoraphobia)
10. Autism
11. Bipolar Disorder
12. Bulimia Nervosa
USE THE RUBRIC in order to know the guidelines for which the CASE STUDY will be constructed and evaluated.

**I. Abstract**

Tell the reader (me) what you're are going to tell them, briefly and give me some interesting facts to draw me in the case.

**II. Case History**

1. **Background Information**

The first section of your paper will present your client’s (your person under study) background. Include factors such as age, gender, work, health status, family mental health history, family and social relationships, drug and alcohol history, life difficulties, goals, and coping skills and weaknesses. You may have some liberties with this section, but make sure it is based on factual evidence.

2. **Description of the Presenting Problem**

In the next section of your case study, you will describe the problem or symptoms that the client (your person under study) presented with to you (the psychologist). Describe any physical, emotional, or sensory symptoms reported by the client. Thoughts, feelings, and perceptions related to the symptoms should also be noted. These should be based
on your research of the client’s life. Any screening or diagnostic assessments that are used should also be described in detail and all scores reported.

3. Diagnosis

Provide your diagnosis and give the appropriate DSM-IV code. Explain how you reached your diagnosis supportive of the DSM-IV, how the client’s symptoms fit the diagnostic criteria for the disorder(s), or any possible difficulties in reaching a diagnosis. You must ADDRESS the axes. The specific DSM-IV breaks the diagnosis into FIVE multiple levels (axes) relating to different aspects of the disorder or disability:

- **Axis I**: Clinical disorders, including major mental disorders, and learning disorders
- **Axis II**: Personality disorders and mental retardation (although developmental disorders, such as Autism, were coded on Axis II in the previous edition, these disorders are now included on Axis I)
- **Axis III**: Acute medical conditions and physical disorders
- **Axis IV**: Psychosocial and environmental factors contributing to the disorder
- **Axis V**: Global Assessment of Functioning or Children's Global Assessment Scale for children and teens under the age of 18

Researchtag the DSM-IV on your own will help you understand the axes interpretation. We will discuss these from time-to-time in class to help you too.

**III. Intervention**

The second section of your paper will focus on the intervention used to help the client. I am requiring you use the following two theoretical approaches. You are to choose an appropriate GRAPHIC to include in either one approach or both approaches (your choice). It must be appropriate. You are to choose a balanced approaches showing understanding between the two approaches. These are to demonstrate your knowledge which your research, class discussions and readings. Each should be no less than 2 pages for each approach.

1. **Psychoanalytic Approach**

Describe how a psychoanalytic therapist would view the client’s problem. Provide some background on the psychoanalytic approach and cite relevant references. Explain how psychoanalytic therapy would be used to treat the client, how the client would respond to therapy, and the effectiveness of this treatment approach.

2. **Cognitive-Behavioral Approach**

Explain how a cognitive-behavioral therapist would approach treatment. Offer background information on this therapeutic approach and describe the treatment sessions, client response, and outcome of this type of treatment. Make note of any difficulties or successes encountered by your client during treatment.
Cite DSM-IV and 1 professional source along with a minimum of 5 sources (or more) for your CASE STUDY. You cannot use Wikipedia.

We have THREE copies available at West Shore. I have a personal copy which can be used ONLY in my room (before school) and we have TWO copies in the MEDIA CENTER (Reference)

<table>
<thead>
<tr>
<th>RUBRIC</th>
<th>OUTSTANDING (10+)</th>
<th>EXCELLENT (8-9)</th>
<th>AVERAGE (7)</th>
<th>BELOW AVERAGE(0-6)</th>
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<td><strong>CASE STUDY ISSUES</strong></td>
<td>Significantly discusses psychological disorder via research identified in an in-depth fashion. Significantly able to apply principles learned to the subject.</td>
<td>Clearly discusses psychological disorder via research identified in an in-depth fashion. Significantly able to apply principles learned to the subject.</td>
<td>Mostly discusses psychological disorder via research identified in an in-depth fashion. Significantly able to apply principles learned to the subject.</td>
<td>Clearly discusses psychological disorder via research identified in an in-depth fashion. Significantly able to apply principles learned to the subject.</td>
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<td><strong>TRANSFER OF KNOWLEDGE</strong> (to include meeting expectations of objectives)</td>
<td>The paper significantly demonstrates that the student fully understands and has applied concepts learned in the assigned materials to the disorder.</td>
<td>The paper clearly demonstrates that the student fully understands and has applied concepts learned in the assigned materials to the disorder.</td>
<td>The paper mostly demonstrates that the student fully understands and has applied concepts learned in the assigned materials to the disorder.</td>
<td>The paper inadequately demonstrates that the student fully understands and has applied concepts learned in the assigned materials to the disorder.</td>
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<td><strong>DEPTH OF ANALYSIS</strong> (worth X2 in value)</td>
<td>Significantly provides an in-depth analysis, discussion &amp; elaboration using text, outside readings and class lecture. Successfully incorporates DSM IV and its multiple axis analysis. Uses FIVE sources and ONE professional source or more.</td>
<td>Clearly provides an in-depth analysis, discussion &amp; elaboration using text, outside readings and class lecture. Does a good job incorporating DSM IV and its multiple axis analysis. Uses FOUR sources and one professional sources.</td>
<td>Mostly provides an in-depth analysis, discussion &amp; elaboration using text, outside readings and class lecture. Weakly incorporates DSM IV and its multiple axis analysis.. Uses THREE sources and ONE professional source.</td>
<td>Inadequately provides an in-depth analysis, discussion &amp; elaboration using text, outside readings and class lecture DOES NOT INCLUDE ABSTRACT. Does not incorporates DSM IV and its multiple axis analysis. Does not use appropriate source as instructed.</td>
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<td><strong>COHESIVENESS</strong></td>
<td><strong>Significantly ties together information from readings, text, films, independent research and class discussion. Paper flows from one issue to the next without the need for headings. Author's writing demonstrates an understanding of the relationship between readings, text, films and class discussion.</strong></td>
<td><strong>Clearly ties together information from readings, text, films, independent research and class discussion. Paper flows from one issue to the next without the need for headings. Author's writing demonstrates an understanding of the relationship between readings, text, films and class discussion.</strong></td>
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<td><strong>PAGE LENGTH</strong></td>
<td><strong>Abstract (approx 100 words; text approx 1,500 words) length, but relevant to the topic assigned. Follows required word length</strong></td>
<td><strong>Abstract (approx 100 words; text approx 1,250 words) length; but relevant to the topic assigned. Follows required word length</strong></td>
<td><strong>Abstract (approx 50-100 words; text approx 1,000 words) length; Follows required word length, except for minor deviation</strong></td>
<td><strong>Abstract (&lt; 50 words; and/or text less than 1,000 words) length; and/or not relevant to the topic assigned. Does not follow word length</strong></td>
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<td><strong>MLA GUIDELINES</strong></td>
<td><strong>Meets MLA guidelines with no errors</strong></td>
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<td><strong>Meets MLA guidelines with major omissions</strong></td>
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<td><strong>Instructions and Directions</strong></td>
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